



SUPERVISION SUMMIT
WHAT IT TAKES: SUPERVISING
PEER SUPPORT
SPECIALISTS/ADVOCATES

March 15 and March 22, 2024





March 22, 2023

WORKING WITH PEER AND FAMILY-RUN ORGANIZATIONS (PART 2)

- **Rebecca Evansky, LMSW, Executive Director, Wellness Collaborative of NY Independent Practice Association**
- **Aviva Cohen, LMSW, NYCPS-P, Chief Strategy Officer, Hands Across Long Island**
- **Jeremy Reuling, LCSW, NYCPS, Program Coordinator, Yonkers Mobile Crisis Response Team, People USA**
- **Tammy Bush, BA, NYCPS, CPMC, Deputy Director S.T.E.P By S.T.E.P, Inc.**
- **Taina Laing, MSW, CEO, Baltic Street Wellness Solutions**
- **Tyrus (TJ) Curtis, FPA-C, Family Training Coordinator at Families Together in NYS**
- **Meghann Simpson, YPA-C, Youth Training Coordinator at Families Together in NYS**

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PRESENTERS



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Aviva Cohen, LMSW, NYCPS-P
Chief Strategy Officer, HALI



Taina Laing, MSW
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**Tammy Bush, BA, NYCPS, CPMC Deputy
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Meghann Simpson, YPA-C
Youth Training Coordinator, Families
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Tyrus (TJ) Curtis, FPA-C,
Family Training Coordinator
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OBJECTIVES

You will be able to:

- Understand the best practices in connecting and collaborating with peer led and peer providers across New York State.
- Understand ways to connect and contact with a peer provider (adult, youth and family advocate) to better support individuals in their wellness journey.
- Explore opportunities to improve peer supervision and support peer professionals (adult, youth and family) in your organizations.

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Day 1 Review- Highlights from Experts on *Working with Peer and Family-Run Organizations*

- *Fostering Collaboration*
- *Nurturing Peer Growth within Organizations*
- *Accommodations, Roles and Responsibilities*
- *Multidisciplinary Team Approach*
- *When and Who to call upon; Family and Youth Peer Advocate Programs*

Peer support improves quality of life, increases and improves engagement with services, and increases whole health and self-management.



AGENDA: *Working with Peer Led Programs* (PART 2)

- Considering Unique Needs for Your Population
- Communication and Teamwork
- Recruiting and Supervision
- Identifying in a Dual Role
- Self-Assessment

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Consider the Organization's Individual Needs

- Overall, organizational assessment is an important starting point to help identify strengths and needs and better identify how a peer-run organization can be most supportive
- Depending on needs, support may include:
 - Guidance on recruitment (review of job descriptions, screening of candidates, appropriate interview questions)
 - Co-supervision of peers by experienced peer supervisors
 - Implementation support/TA (may address things like role clarity, effective collaboration across disciplines, ensuring that fidelity of the model is preserved)
- All of these are things that HALI is already doing with existing partners, but it is not an exclusive list of the types of support available; most important is to tailor support to the organization's identified needs.

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Fostering a Supportive Culture

- Communication
- Teamwork
- Relationship building
- Self- Assessment



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Recruiting and Supervising



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Family Peer Advocate Deeper Dive

- Burnout
- What's Needed
- Why connect with a Family Peer Advocate



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Youth Peer Perspective

- Supervising a Youth Peer Advocate (YPA's)
- Identifying Youth Who Could Benefit From YPA Support
- How to Find a YPA
- Trauma Informed Approach Required



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Q&A

- I have a peer on my team, how can I best support their professional growth.
- What training should I be providing to my organization to help understand the peer role and how to best incorporate peers on the multidisciplinary team.
- What are the top resources to access from my peer-led provider to help with recruitment and retention.

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SUMMARY

You should now be able to:

1. Understand the types of Peer Support available to your organization.
2. How to connect with a Family and Peer-Run Organizations
3. Implement new skills to best support peer professional in your organization.
4. Understand mutual support for peers and the multidisciplinary team

This session takes a deeper dive into working with peer led organizations and peer providers and will review highlights from *Part 1 of Working with Peer Run Organizations*. The session will include a panel discussion of the best practices in collaboration and implementing new skills to best support peer professionals, while advancing the profession across the care continuum. During this workshop, participants will learn about working in conjunction with peers (adult, youth, and family advocates), and inspiring your team of peers.

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Questions





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Broadcast on March 22, 2024



The Peer Support Services Technical Assistance Center (PeerTAC) is a partnership between the Rutgers University Academy of Peer Services and the NYU McSilver Institute MCTAC/CTAC with funding from the New York State Office of Mental Health (NYSOMH)

Learn more at www.peertac.org

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