December 1, 2023



Bringing Peer Support to Scale in Mental Health Outpatient Treatment & Rehabilitative Services (MHOTRS) Programs Learning Collaborative

Presenters: Rita Cronise & Yvette Kelly, Co-Directors, Peer Support Services Technical Assistance Center (PeerTAC)





Agenda

Welcome & Introductions

Overview of PeerTAC

Eligibility

Required Activities

Learning Collaborative Timeline & Application Process

Q&A





Rita Cronise, MS, ALWF

Coordinator Academy of Peer Services
Virtual Learning Community

Co-Director PeerTAC

Rutgers University



Yvette Kelly, LMHC
Director, Children Services and Healthcare Innovation
Co-Director PeerTAC
NYU McSilver Institute

Tell us about you!

Indicate your primary role:

- 1. Clinic Leader/Program Manager
- 2. Clinician
- 3. Clinical Supervisor
- 4. Peer Support Professional
- 5. Human Resources/Quality Improvement/Compliance
- 6. (C-Suite) CEO, CFO, CIO, COO, etc.
- 7. Other





What Is PeerTAC?

We provide training, technical assistance, and ongoing support to mental health organizations in the successful inclusion of Peer Support Services **across the lifespan**.





Peer Support Services from qualified

- New York Certified Peer Specialists (NY-CPS)
- Credentialed Family Peer Advocates (FPA-C)
- Credentialed Youth Peer Advocates (YPA-C)



Our Vision

We seek to ensure all people, regardless of age, race, socioeconomic status, stigma, or other factors that can limit recovery have the option to receive

Peer Support Services.





Who Is PeerTAC?

Co-led by Rutgers University's Academy of Peer Services and New York University's McSilver Institute MCTAC and CTAC.











Who Is PeerTAC?















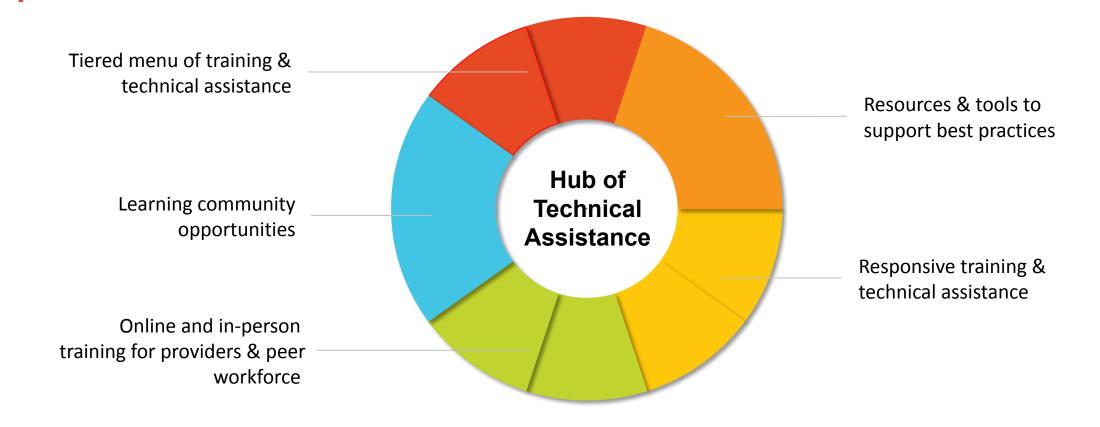


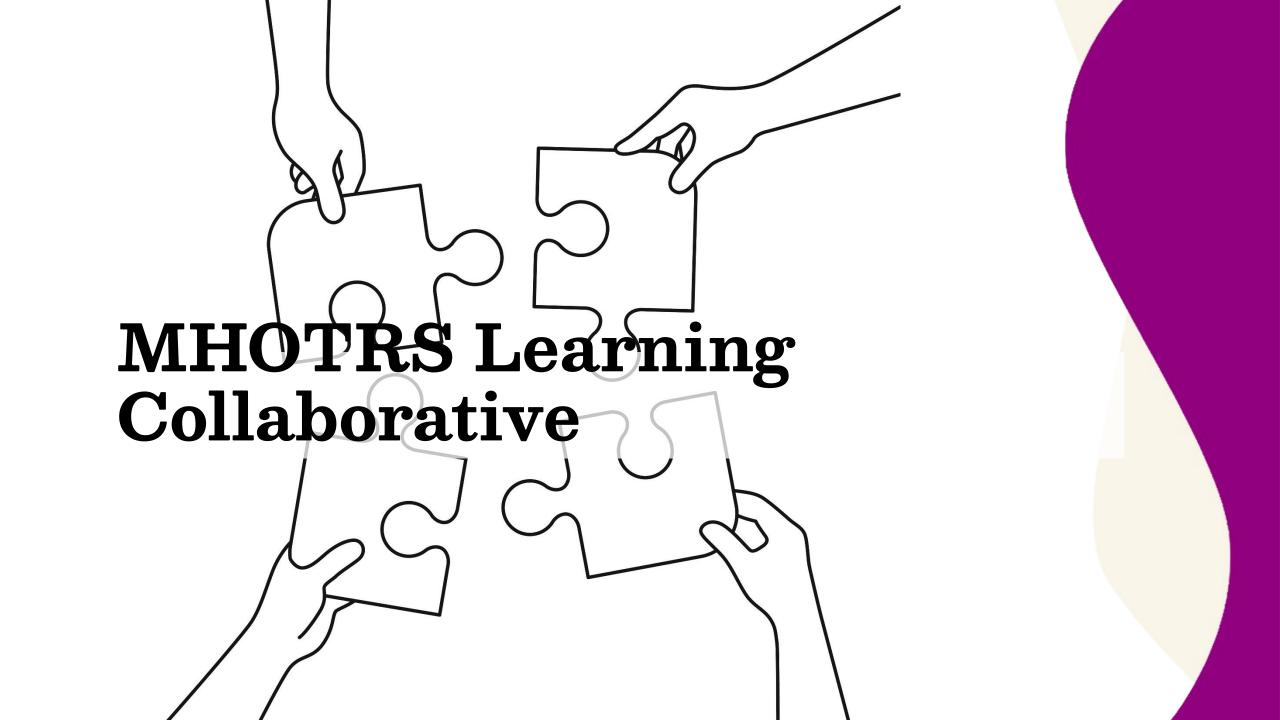






What Does PeerTAC Offer?





MHOTRS Learning Collaborative Focus

PeerTAC is excited to offer a learning collaborative for Mental Health Outpatient Treatment and Rehabilitative Service (MHOTRS) Providers.

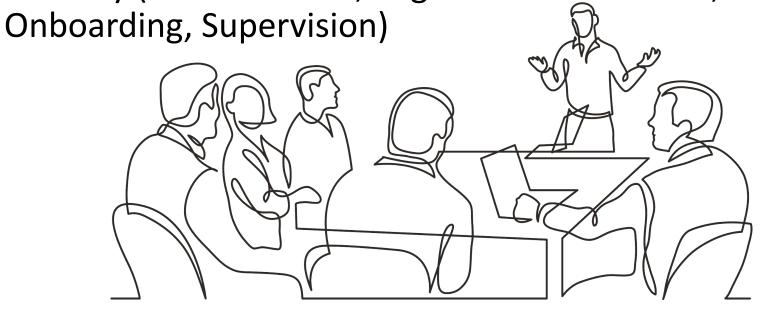


The focus of the Learning Collaborative is to assist organizations in developing actionable strategies for building and preparing your organizational culture and staff for the successful inclusion of Peer Support Services across the lifespan.



MHOTRS Learning Collaborative Description

This Learning Collaborative will bring together experts, leaders, and providers and will engage MHOTRS programs from across the state in peer-to-peer discussions focused on 4 core areas in Peer Support Delivery (The Peer Role, Organizational Culture, Hiring &





PeerTAC MHOTRS Article 31 Learning Collaborative

Participants will:



Deepen one's understanding of the role of Peer Support Providers across the lifespan.



Gather useful information, guidance and support from other participating organizations and experts to identify strategies for the successful inclusion of Peer Support Services.



Begin to identify innovative solutions to resolve implementation challenges as part of an overall plan to support the inclusion of Peer Support Services.





- Participation is open to NYS Mental Health
 Outpatient Treatment and Rehabilitative Services
 (MHOTRS) Article 31 Providers.
- Organizations should be available to attend all sessions to truly benefit from this learning collaborative and build on the collective-impact approach needed to implement sustainable change.
- Sessions will typically include a didactic portion from a subject matter expert and open discussion or breakout groups to review and integrate content discussed.



- Each MHOTRS program will identify a Core Implementation Team (CIT) of up to 5 staff members that will participate in all Learning Collaborative activities.
- The CIT team will be responsible for leading the implementation of peer support in their program.
- It will be important for a staff member who is in a position of leadership or has access to leadership (a staff member who can address barriers and support implementation plans) to be included on the team.



Team Members should include the following:

- A staff member who is a Clinic Director or Program Manager (person in a position of leadership)
- A staff member who is a Clinic Supervisor
- A staff member who is a Clinician
- A staff member who is a Peer Provider
- A staff member from Human Resources and/or Quality Improvement/Compliance



Required Activities



Required Activities



Completion of an Organizational Self-Assessment



Regular meetings with your Core Implementation Team



Participation in one 60-minute coaching call per team



Participation in eight learning sessions with subject matter experts and group breakouts



Development of an Implementation Plan



Delivery of a brief presentation on implementation efforts as part of the closing meeting.



Completion of feedback and evaluation forms



Organizational Self Assessment

The organizational self-assessment (OSA) is both an educational tool and a way to reflect on how prepared your organization is for the successful inclusion of Peer Support Services in your service delivery continuum, either for the first time or in expanding existing Peer Support Services.



PeerTAC Organizational Self-Assessment (OSA)

The purpose of this organizational self-assessment (OSA) is to provide clinic leadership and staff that are responsible for the daily operations of clinic services, e.g.: administration, clinicians, supervisors, quality assurance (OA), human resources (HR), compliance, front desk, and information technology, a tool to identify whether the organization is ready to offer Peer Support Services. This allows the organization to consider areas for modification within the organization that will lead to more effective team work through the inclusion of Peer Support Services to improve outcomes.

What are the different types of Peer Support Providers Across the Lifespan?

Peer Special is s/Advocates use their relevant life experience to give and receive support based on shared understanding, respect, and mutual empowerment between people in similar situations. While this OSA uses the term Peer Specialist/Advocate throughout to reflect the many similarities in Peer Support Services across the lifespan, when necessary, the three distinct credentials are used separately to indicate their different designations: Adult Certified Peer Specialist (NYCPS), Credentialed Youth Peer Advocate (YPA-C), and Credentialed Family Peer Advocate (FPA-C). Each specialty has its own training and guiding principles, core values, code of ethics, and scope of practice that serve to define fidelity to that specific peer support practice.

What is the Organizational Self-Assessment (OSA)?

The organizational self-assessment (OSA) is both an educational tool and a way to reflect on how prepared your organization is for the successful inclusion of Peer Support Services in your service delivery continuum, either for the first time or in expanding existing Peer Support Services. The OSA has been adapted from nationally-recognized resources on the peer workforce inclusion.

- ∀ If you are just getting started, use the OSA to learn what is needed to provide effective Peer Support Services.
- ▼ If you already provide Peer Support Services, you can consider ways to improve the quality of services or add a new type of Peer Support Service to increase your ability to provide Peer Support Services across the lifespan.

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Organizational Self Assessment

- The OSA consists of 25 statements that allow you to rate your organization's current knowledge and application of Peer Support values and practices.
- This includes examining your organization's culture, hiring and supervision practices.



child in services). This expertise demonstrates resilience and an ability to inspire hope, healing, growth, independence, and self-sufficiency.

essential part of the service delivery team.

different specialty than other service providers.

less valued than other service providers.

#2 (Knowledge of Peer Practice)	Exemplary (In addition to Adequate)	Adequate	Needs Improvement
Our organization recognizes the differences in specialties among Peer Specialists/Advocates with each type (YPA-C, FPA-C, NYCPS) requiring their own training credentials, and guiding principles that define fidelity to the type of peer support practice.	Peer Specialists/Advocates receive ongoing training mentoring, and supervision from experienced practitioners to ensure services are provided with fidelity to their specialty.	Peer Specialists/Advocates (YPA-C, FPA-C, or NYCPS) are available for the populations we serve.	Peer Specialist s/Advocates (YPA-C, FPA-C, or NYCPS) are not available for the populations we serve.

#3 (Knowledge of Peer Practice)	Exemplary (In addition to Adequate)	Adequate	Needs Improvement
Our organization approaches the delivery of Peer Support as distinct from clinical practices, which helps to support greater fidelity to Peer Support practice.	Peer Specialists/Advocates are valued for their unique perspectives on recovery, mutual support, peer values, and how peer support practice fits within the team.	Peer Specialists/Advocates are-given tasks within their core values and scope of practice.	Peer Specialists/Advocates are given tasks outside of their core values and scope of practice such as care coordination or waitlist management.

#4 (Knowledge of Peer Practice)	Exemplary (In addition to Adequate)	Adequate	Needs Improvement
Our organization demonstrates a commitment to recovery by employing people with lived	Peer Specialist/Advocate is only one of many positions	Peer Specialists/Advocates are not the only people who	Peer Specialists/Advocates are the only people in the

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Organizational Self Assessment

Every organization will be at a different stage with unique challenges. The ratings are for you to reflect on what you may need to do to accomplish sustainable Peer Support Service Services.



Organizational Self Assessment

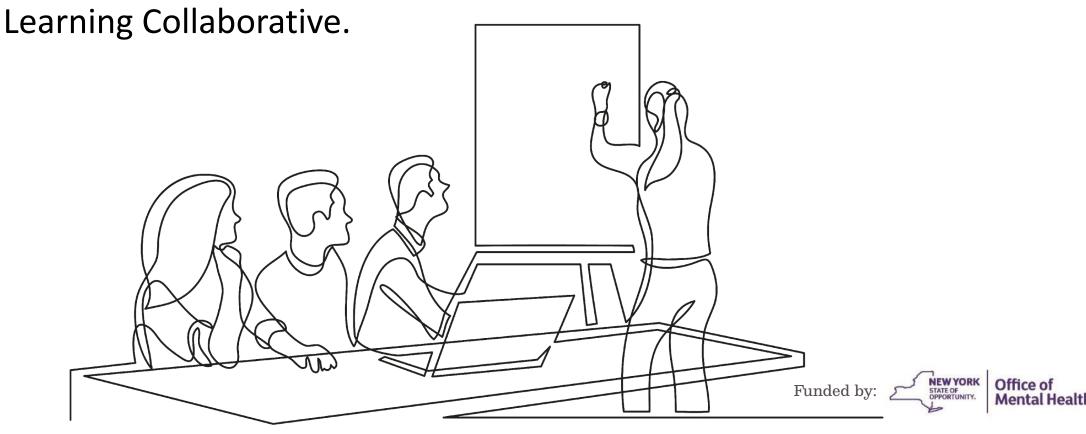


After completing the self-assessment, organizations will receive an individualized agency report that will be used to identify areas for growth, improvement and opportunities.



Resource Team

Comprised of PeerTAC staff and expert consultants, the Resource Team will provide lectures on the core topics during each session and be available for consultation at different points during the

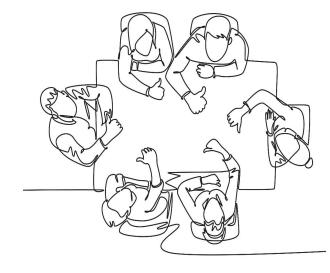


Learning Collaborative Application Process & Timeline



Learning Collaborative Application Process

- Meet internally to determine if you are able to meet all the participation requirements.
- Complete the Application via Qualtrics online survey by December 29th, 2023
 - The Application link will be emailed out following this webinar
- Programs will be notified by January 10th,
 2024 if they were accepted



For questions related to the completion of the application please email info@PeerTAC.org





Session Dates & Times

- January 24, 11:00-1:00pm
- February 14, 11:00am-12:30pm
- March 6, 11:00am-12:30pm
- March 27, 11:00am-12:30pm
- April 17, 11:00am-12:30pm
- May 8, 11:00am-12:30pm
- May 29, 11:00am-12:30pm
- June 19, 11:00am-12:30pm





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