

Peer-Run
and Family-Run
Organizations
in New York
State

Last Updated October 12, 2023





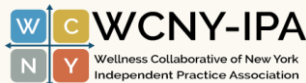
Table of Contents

Central New York.....	2
Hudson River.....	8
Long Island	17
New York City	20
Western New York.....	25
Appendix A: Adult Peer Support Services.....	31
Appendix B: Family Peer Support Services ...	35

Defining Peer- and Family Peer-Run Organizations

This Directory lists organizations that provide services that are **peer-run** or **family peer-run** (a majority 51% or more of the Board of Directors disclose a mental health condition or are family members of a child that has received services in the children’s mental health system. Also included are organizations that are **peer-staffed** or **family peer-staffed** (at least one program operated by and for adults or youth with mental health conditions, or family members of children who have received services in the mental health system).

Organizations this Directory have expertise in providing **Peer Support Services** or **Family Support Services** in their local communities while maintaining fidelity to their respective peer support practices. Mental health agencies that are starting up or growing peer or family support services can connect with the organizations in this Directory for guidance and assistance.



The **Wellness Collaborative of New York, Independent Practice Association (WCNY-IPA)** is a network of ten peer-run member organizations and two affiliate organizations. The WCNY-IPA logo in this Directory identifies an organization in this network with substantial experience in providing peer support programming.

Disclaimer: *This Directory is provided for information purposes only. PeerTAC does not endorse any specific organization nor does it attest to the fidelity to peer support practices or quality of peer support services offered by any organization contained within the Directory.*



Central New York

County	Organization	Populations
<p>Multiple Counties Delaware, Otsego</p>	<p>Family Resource Network 46 Oneida Street Oneonta, NY 13820 (607) 432-0001 https://familyrn.org</p>	<ul style="list-style-type: none"> • Families
<p>Multiple Counties Fulton, Montgomery</p>	<p>MHA of Fulton and Montgomery Counties 307-309 Meadow Street Johnstown, NY 12095 (518) 762-5332 http://mhafm.org</p>	<ul style="list-style-type: none"> • Families
<p>Multiple Counties Jefferson, Lewis</p>	<p>Northern Regional Center for Independent Living 210 Court Street, Suite 107 Watertown, NY 13601 (315) 785-8703 https://nrcil.net/</p>	<ul style="list-style-type: none"> • Adults • Adolescents • Children • Families
<p>Broome</p>	<p>Broome Catholic Charities 232 Main Street Binghamton, NY 13905 (607)-729-9166 https://www.catholiccharitiesbc.org/</p>	<ul style="list-style-type: none"> • Adults • Families
<p>Broome</p>	<p>Children’s Home of Wyoming Conference 1182 Chenango Street Binghamton, NY 13901 (607) 772-6904 https://chowc.org/</p>	<ul style="list-style-type: none"> • Families



County	Organization	Populations
Broome	<p>Mental Health Association of the Southern Tier 47 Broad Avenue Binghamton, NY 13904 (607) 771-8888 https://mhast.org/</p>	<ul style="list-style-type: none"> • Adults
Cayuga	<p>Cayuga Counseling Services, Inc. 17 E. Genesee Street Auburn, NY 13021 (315) 253-9795 https://cayugacounseling.org/</p>	<ul style="list-style-type: none"> • Adults • Adolescents • Children • Families
Clinton	<p>NAMI – Champlain Valley 304 New York Road Plattsburgh NY 12903 (518) 561-2685 http://nami-cv.org/</p>	<ul style="list-style-type: none"> • Adults • Families
Cortland	<p>Cortland Community Services/Clinic 7 Clayton Avenue Cortland, NY 13045 (607) 758-6110 http://cortland-co.org</p>	<ul style="list-style-type: none"> • Families
Cortland	<p>Wishing Well Recovery Center (Catholic Charities of Cortland County) 33-35 Central Avenue Cortland, NY 13045 (607) 756-5992</p>	<ul style="list-style-type: none"> • Adults



County	Organization	Populations
Delaware	SEE MORE ON PAGE 2 – Multiple Counties	
Essex	Families First of Essex County 196 Water Street, Elizabethtown, NY 12932 T (518) 873-9544 https://familiesfirstessex.org	<ul style="list-style-type: none"> Families
Essex	Mental Health Association in Essex County 6096 NYS Route 9N Westport, NY 12993 (518) 962-2077 http://www.mhainessex.com/	<ul style="list-style-type: none"> Adults
Franklin	Citizen Advocates, Inc. 209 Park Street Malone, NY 12953 (518) 651-2277 https://citizenadvocates.net	<ul style="list-style-type: none"> Families
Franklin	Community Connections of Franklin County 209 West Main Street Malone, NY 12953 (518) 521-3507 https://www.communityconnectionsfc.com	<ul style="list-style-type: none"> Adults
Fulton	The Family Counseling Center of Fulton County 11-21 Broadway Gloversville, NY 12078 (518) 725-4310 https://www.thefamilycounselingcenter.org/	<ul style="list-style-type: none"> Adults Adolescents Children Families



County	Organization	Populations
Fulton	SEE MORE ON PAGE 2 – Multiple Counties	
Herkimer	Center for Family Life and Recovery 502 Court Street, Suite 401 Utica, NY 13502 (315) 867-1382	<ul style="list-style-type: none"> Families
Herkimer	Upstate Caring Partners 125 Business Park Dr Utica, NY 13502 (315) 724-6907 https://www.upstatecp.org	<ul style="list-style-type: none"> Families
Jefferson	Mental Health Association in Jefferson County 425 Washington Street Watertown, NY 13601 (315) 788-0970 https://mentalhealthjc.org/	<ul style="list-style-type: none"> Adults
Jefferson	SEE MORE ON PAGE 2 – Multiple Counties	
Lewis	SEE MORE ON PAGE 2 – Multiple Counties	
Madison	Family Support in Central New York 155 Madison Street Oneida, NY 13421 (315) 794-4590	<ul style="list-style-type: none"> Families
Madison	Pathways Wellness Recovery Center 148 Main St. Oneida, NY 13421 (315) 366-2327	<ul style="list-style-type: none"> Adults



County	Organization	Populations
Montgomery	SEE MORE ON PAGE 2 – Multiple Counties	
Onondaga	AccessCNY – Unique Peerspectives Drop In Center and Berkana House Respite 572 South Salina St. Syracuse, NY 13202 (315) 437-3301 https://www.accesscny.org	<ul style="list-style-type: none"> • Adults
Onondaga	Catholic Charities of Onondaga County 1654 West Onondaga Street Syracuse, NY 13204 (315) 424-1800 https://www.ccoc.us/	<ul style="list-style-type: none"> • Adults
Onondaga	Helio Recovery Center 714 Hickory St Syracuse, NY 13203 (315) 437-3301 https://www.helio.health	<ul style="list-style-type: none"> • Adults
Onondaga	Onondaga County ACCESS (315) 463-1100 http://www.ongov.net/cfs/pins.html	<ul style="list-style-type: none"> • Families
Oswego	Hillside Children’s Center 945 South 1st Street Fulton, NY 13069 (585) 256-7500 https://www.hillside.com	<ul style="list-style-type: none"> • Families
Otsego	SEE MORE ON PAGE 2 – Multiple Counties	



County	Organization	Populations
St. Lawrence	Step-by-Step, Inc. 1515 Knox Street Ogdensburg, NY 13669 (315) 394-0597 https://www.stepbystepinc.org/	• Adults



Learn more about peer services available in your area:

Office of Mental Health, Office of Advocacy and Peer Support Services Contact
(Central Region)

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Office of Advocacy and Peer Support Services
Central New York Field Office-
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545 Cedar St, Syracuse, New York 13210



WCNY-IPA Peer Networking Contact
(Central Region)

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Deputy Director
S.T.E.P. by S.T.E.P., Inc.
1515 Knox Street
Ogdensburg, NY 13669
(315)394-0597

tbush@stepbystepinc.org




Hudson River

County:	Organization	Populations
<p>Multiple Counties</p> <p> Albany, Hudson, Rensselaer, Westchester</p>	<p>Mental Health Empowerment Project, Inc.</p> <p>3 Atrium Dr. Suite 205 Albany, NY 12205 (518) 434-1393 https://mhepinc.org/</p>	<ul style="list-style-type: none">• Adults
<p>Multiple Counties</p> <p>Columbia, Dutchess, Greene</p>	<p>MHA in Columbia/Greene Counties, Inc.</p> <p>713 Union Street Hudson, NY 12534 (518) 828-4619 https://www.mhacg.org</p>	<ul style="list-style-type: none">• Adults• Families
<p>Multiple Counties</p> <p> Columbia, Dutchess, Orange, Putnam, Ulster, Warren, Washington, Westchester</p>	<p>People USA</p> <p>Main Office: 102 Fulton Avenue, Suite A Poughkeepsie, NY 12603 (845) 452-2728 https://people-usa.org/</p>	<ul style="list-style-type: none">• Adults
<p>Multiple Counties</p> <p>Warren, Washington</p>	<p>Behavioral Health Services North Wellness Center</p> <p>25 Willowbrook Road Queensbury, NY 12804 (518) 926-7100 https://bhsn.org/</p>	<ul style="list-style-type: none">• Families



County	Organization	Populations
<p>Multiple Counties Warren, Washington</p>	<p>Hope and Healing Recovery Community and Outreach Center 2 Maple Street Hudson Falls, NY 12839 (518) 683-0968 https://www.sararecovery.org/Hudson-falls/</p>	<ul style="list-style-type: none"> • Adults
<p>Albany</p>	<p>Capital Area Peer Services 354 Central Avenue Albany, NY 12208-2311 (518) 427-5056 https://nycaps.org/</p>	<ul style="list-style-type: none"> • Adults
<p>Albany</p>	<p>Capital District Center for Independence, Inc. 1716 Central Avenue Albany, NY 12205 (518) 459-6422 https://cdciweb.com</p>	<ul style="list-style-type: none"> • Adults
<p>Albany</p>	<p>Parsons Child and Family Center 60 Academy Road Albany, NY 12208 (518) 426-2600 https://www.northernrivers.org/</p>	<ul style="list-style-type: none"> • Adults • Adolescents • Children • Families
<p>Albany</p>	<p>Second Chance Opportunities 55 Colvin Avenue Albany, NY 12206 (518) 489-1929 https://scoalbany.com</p>	<ul style="list-style-type: none"> • Adults
<p>Albany</p>	<p>SEE MORE ON PAGES 9-10 – Multiple Counties</p>	



County	Organization	Populations
Columbia	SEE MORE ON PAGES 9-10 – Multiple Counties	
Dutchess	MHA in Dutchess County, Inc. Family Support Programs 253 Mansion Street Poughkeepsie, NY 12601 (845) 473-2500 https://mhadutchess.org	<ul style="list-style-type: none"> • Adults • Families
Dutchess	SEE MORE ON PAGES 9-10 – Multiple Counties	
Greene	Greene County Mental Health Center Family Support Program PO Box 905 Cairo, NY 12601 518-622-9163 https://www.greenegovernment.com	<ul style="list-style-type: none"> • Families
Greene	SEE MORE ON PAGES 9-10 – Multiple Counties	
Hudson	SEE MORE ON PAGES 9-10 – Multiple Counties	
Orange	Access: Supports for Living 15 Fortune Road West Middletown, NY 10941 (888) 750-2266 https://accessupports.org	<ul style="list-style-type: none"> • Families
Orange	 Independent Living, Inc. 441 East Main Street Middletown, NY 10940 (845) 565-1162 https://myindependentliving.org/	<ul style="list-style-type: none"> • Adults



County	Organization	Populations
Orange	Mental Health Assoc/Orange County 73 James P Kelly Way Middletown, NY 10940 (845) 342-2400 https://mhaorangenyc.com/	<ul style="list-style-type: none"> • Adults • Families
Orange	SEE MORE ON PAGES 9-10 – Multiple Counties	
Putnam	Cove Care 1808 Rt. 6 Carmel, NY 10512 (845) 225-2700 https://covecarecenter.org	<ul style="list-style-type: none"> • Families
Putnam	Mental Health Association in Putnam County 1822 Route 6 Carmel, NY 10512 (845) 278-7600 https://mhaputnam.org/	<ul style="list-style-type: none"> • Adults
Putnam	SEE MORE ON PAGES 9-10 – Multiple Counties	
Rensselaer	Independent Living Center of the Hudson Valley 15-17 Third Street Troy, NY 12180 (518) 274-0701 https://www.ilchv.org	<ul style="list-style-type: none"> • Adults
Rensselaer	Vanderheyden Hall 614 Cooper Hill Road Wynantskill, NY 12198 (518) 283-6500 https://www.vanderheyden.org/	<ul style="list-style-type: none"> • Families



County	Organization	Populations
Rensselaer	SEE MORE ON PAGES 9-10 – Multiple Counties	
Rockland	BRIDGES 2290 Palisades Center Dr, 2 nd Fl West Nyack, NY 10994 (845) 624-1366 http://bridgesrc.org	<ul style="list-style-type: none"> • Adults
Rockland	Foundations Recovery Community Center 25 Smith St, Ste 108 Nanuet, NY 10954 (845) 215-9788 http://rcadd.org/foundations	<ul style="list-style-type: none"> • Adults
Rockland	MHA Rockland County, Inc. 140 Route 303, Suite A Valley Cottage, NY 10989 (845) 267-2172 https://mharockland.org	<ul style="list-style-type: none"> • Adults • Families
Rockland	NAMI Rockland 140 Old Orangeburg Road RPC, Bldg. 57, 1st Fl, Rm C102 Orangeburg, NY 10962 (845) 359-8787 http://www.namirockland.org/index.html	<ul style="list-style-type: none"> • Adults • Adolescents • Families
Rockland	St. Dominic's Family Support 500 Western Highway Blauvelt, NY 10913 (845) 359-3400 https://sdfs.org	<ul style="list-style-type: none"> • Families



County	Organization	Populations
Saratoga	CAPTAIN Community Human Services 5 Municipal Plaza, Suite 3 Clifton Park, NY 12065 (518) 371-1185 https://captaincares.org	<ul style="list-style-type: none"> Families
Saratoga	Healing Springs Recovery Community and Outreach Center 125 High Rock Ave 105A Saratoga Springs, NY 12866 (518) 581-1230 https://preventioncouncil.org/healingsprings/	<ul style="list-style-type: none"> Adults
Schoharie	Catholic Charities of Delaware, Otsego, and Schoharie Counties 489 West Main Street Cobleskill, NY 12043 (518) 234-3581 http://www.charitiesccdcs.org/	<ul style="list-style-type: none"> Families
Schoharie	Schoharie County Community Action Program 795 East Main Street, Suite 5 Cobleskill, NY 12043 (518) 234-2568 https://sccapinc.org	<ul style="list-style-type: none"> Families
Sullivan	Action Towards Independence, Inc 309 East Broadway, Suite A Monticello, NY 12701 845-794-4228 https://www.atitoday.org/	<ul style="list-style-type: none"> Families



County	Organization	Populations
Ulster	Families of Woodstock Adolescent Services 166 Albany Ave. Kingston NY 12402 (845) 331-7080 https://www.familyofwoodstockinc.org/	<ul style="list-style-type: none"> Families
Ulster	MHA in Ulster, Inc. 221 Tuytenbridge Road Lake Katrine, NY 12449 (845) 339-9090 https://www.mhainulster.com/	<ul style="list-style-type: none"> Families
Ulster	SAMADHI Recovery Community and Outreach Center 150 Sawkill Rd. Kingston, NY 12401 (845) 853-8148 https://samadhiny.org	<ul style="list-style-type: none"> Adults
Ulster	SEE MORE ON PAGES 9-10 – Multiple Counties	
Warren	SEE MORE ON PAGES 9-10 – Multiple Counties	
Washington	SEE MORE ON PAGES 9-10 – Multiple Counties	
Westchester	CHOICE of New York 71 North Avenue New Rochelle, NY 10805 (914) 576-0173 https://choiceofny.org/	<ul style="list-style-type: none"> Adults





County	Organization	Populations
Westchester	Family Ties of Westchester 112 East Post Road, 3rd Floor White Plains, NY 10601 (914) 995-5238 https://www.familytieswestchester.org/	<ul style="list-style-type: none"> Families
Westchester	Mental Health Association of Westchester County 580 White Plains Road, Suite 510 Tarrytown, NY 10591 (914) 345-0700 https://www.mhawestchester.org/	<ul style="list-style-type: none"> Adults
Westchester	NAMI of Westchester, Inc 100 Clearbrook Road Elmsford, NY 10523 (914) 592-5458 https://namiwestchester.org/	<ul style="list-style-type: none"> Adults
Westchester	The Center for Career Freedom, Inc. 185 Maple Ave., Ste #124 White Plains, NY 10601 (914) 288-9763 https://freecenter.org/	<ul style="list-style-type: none"> Adults
Westchester	Westchester Independent Living Center 10 County Center Road, 2 nd Floor White Plains, NY 10607 (914) 682-3926 https://www.wilc.org/	<ul style="list-style-type: none"> Adults
Westchester	SEE MORE ON PAGES 9-10 – Multiple Counties	



Learn more about peer services available in your area:

**Office of Mental Health, Office of
Advocacy and Peer Support Contact**

(Hudson River Region)

Danielle Lopez, MS

Regional Advocacy Specialist –
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Danielle.Lopez@omh.ny.gov

Anne-Marie Freitas

Regional Family Advocacy Specialist –
Hudson River Region

Office of Advocacy and Peer
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Hudson River Field Office –
Office of Mental Health
10 Ross Circle, Suite 5N
Poughkeepsie, NY 12601

WCNY-IPA Peer Networking Contact

(Hudson River Region)

Janine Lewis, NYCPS-338, CRPA-P-338

Bridger/Diversion Team Leader


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14 Pelton Street, East Wing.
Monticello NY 12701

(845) 794-3322 ext. 405


JLewis@myindependentliving.org



Long Island

County:	Organization	Populations
<p>Multiple Counties Nassau, Suffolk</p>	<p>Family & Children's Association Family Center 377 Oak St., 5th floor Garden City, NY 11530 (516) 746-0350 https://www.fcali.org/</p>	<ul style="list-style-type: none"> Families
<p>Multiple Counties</p>  <p>Nassau, Suffolk</p>	<p>Hands Across Long Island (HALI) 159 Brightside Avenue Central Islip, NY 11722 (631) 234-1925 https://hali88.org/</p>	<ul style="list-style-type: none"> Adults
<p>Nassau</p>	<p>Hispanic Counseling Center Family Support Program 344 Fulton Avenue Hempstead, NY 11550 516-538-2613 https://www.hispaniccounseling.org/</p>	<ul style="list-style-type: none"> Families
<p>Nassau</p>	<p>Mental Health Association of Nassau County 16 Main Street Hempstead, NY 11550 (516) 489-2322 https://www.mhanc.org/</p>	<ul style="list-style-type: none"> Adults
<p>Nassau</p>	<p>NAMI Queens-Nassau 3310 Bayfield Blvd. Oceanside, NY 11572 (516) 489-2322 https://namiqn.org/</p>	<ul style="list-style-type: none"> Adults Adolescents Children Families



County:	Organization	Populations
Nassau	North Shore Child & Family Guidance Center 480 Old Westbury Road Roslyn Heights, NY 11577 (516) 626-1971 https://northshorechildguidance.org/	<ul style="list-style-type: none"> Families
Nassau	SEE MORE ON PAGE 17 – Multiple Counties	
Suffolk 	Association for Mental Health and Wellness (AMHW) 939 Johnson Avenue Ronkonkoma, NY 11779 (631) 471-7242 http://mhaw.org/	<ul style="list-style-type: none"> Adults
Suffolk	WellLife Network Family Support Service Program (FSS) 11 Route 11 Smithtown, NY 11787 (631) 920-8302 christina.hauptman@welllife.org	<ul style="list-style-type: none"> Families
Suffolk	Family Service League Parent to Parent Program 790 Park Avenue Huntington, NY 11743 (631) 647-3700 https://www.fsl-li.org/	<ul style="list-style-type: none"> Families
Suffolk	SEE MORE ON PAGE 17 – Multiple Counties	



Learn more about peer services available in your area:

**Office of Mental Health, Office of
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Robert.Lettieri@omh.ny.gov

Office of Advocacy and Peer
Support Services

Long Island Field Office –

Office of Mental Health

Pilgrim PC, Building 45-3

998 Crooked Hill Road

West Brentwood, NY 11717-1087

WCNY-IPA Peer Networking Contact

(Long Island Region)

Aviva Cohen

Chief Strategy Officer

Hands Across Long Island, Inc. (HALI)


159 Brightside Ave, Central Islip, NY 11722

(631) 433-3202

acohen@hali88.org



New York City

Borough:	Organization	Populations
<p>Multiple Boroughs</p>  <p>Bronx, Brooklyn, Manhattan, Staten Island</p>	<p>Baltic Street AEH, Inc. 9 Bond Street, 3rd Floor Brooklyn, NY 11201 (718) 833-5929 https://balticstreet.org/</p>	<ul style="list-style-type: none"> • Adults
<p>Multiple Boroughs</p> <p>Bronx, Brooklyn, Manhattan, Queens, Staten Island</p>	<p>New York Foundling - Strong Families and Communities Training Center 109 East 115 Street New York, NY 10029 (646) 745-0458 https://www.nyfoundling.org/</p>	<ul style="list-style-type: none"> • Families
<p>Multiple Boroughs</p> <p>Bronx, Queens</p>	<p>Vibrant Emotional Health 50 Broadway, Fl 19 New York, NY 10004 (212) 254-0333 https://www.vibrant.org/</p>	<ul style="list-style-type: none"> • Families
<p>Bronx</p>	<p>Community Access, Inc. 64 Beaver Street, #109 New York, NY 10004 (212) 780-1400 https://www.communityaccess.org/</p>	<ul style="list-style-type: none"> • Adults



Borough:	Organization	Populations
Bronx	<p>The Jewish Board of Family and Children’s Services</p> <p>463 7th Ave, 18th Floor New York, NY 10018 (212) 582-9100 https://jewishboard.org/</p>	<ul style="list-style-type: none"> • Families
Bronx	<p>MASA</p> <p>2770 Third Avenue, 1st Floor Bronx, NY 10455 (646) 481-5890 https://masany.org/</p>	<ul style="list-style-type: none"> • Families
Bronx	SEE MORE ON PAGE 20 – Multiple Boroughs	
Brooklyn	<p>Brooklyn Perinatal Network</p> <p>259 Bristol Street, 2nd floor Suite 242 Brooklyn, NY 11212 (718) 643-8258 http://www.bpnetwork.org/nyc/</p>	<ul style="list-style-type: none"> • Families
Brooklyn	<p>Community Counseling & Mediation</p> <p>25 Elm Place, 2nd Floor Brooklyn, NY 11201 (718) 802-0666 https://ccmny.org/</p>	<ul style="list-style-type: none"> • Families
Brooklyn	<p>Christopher Rose Community Empowerment Campaign, Inc. (CRCEC)</p> <p>772 Vermont Street Brooklyn NY 11207 (718) 272-2363 https://crcec.org/</p>	<ul style="list-style-type: none"> • Families



Borough:	Organization	Populations
Brooklyn	Infinity Educational Special Programs CORPO Patricia Polimeni (917) 501-0836 https://www.infinityeducationalprograms.com	<ul style="list-style-type: none"> Families
Brooklyn	Public Health Solutions 40 Worth Street, 4 th Floor New York, NY 10013 (646) 619-6400 https://www.healthsolutions.org/	<ul style="list-style-type: none"> Families
Brooklyn	WellLife Network Inc. 1985 Marcus Avenue, Suite 100, New Hyde Park, NY 11042 (718) 559-0516 https://www.welllifenetWORK.org/	<ul style="list-style-type: none"> Adults
Brooklyn	SEE MORE ON PAGE 20 – Multiple Boroughs	
Manhattan	Association to Benefit Children (ABC) 419 East 86th St New York, NY, 10028 (212) 845-3821 https://www.a-b-c.org/	<ul style="list-style-type: none"> Families
Manhattan	The Door 555 Broome Street New York, NY 10013 (212) 941-9090 https://www.door.org/	<ul style="list-style-type: none"> Families



Borough:	Organization	Populations
Manhattan	University Settlement 184 Eldridge Street New York, NY 10002 (212) 453-4500 https://www.universitysettlement.org/	<ul style="list-style-type: none"> Families
Manhattan	SEE MORE ON PAGE 20 – Multiple Boroughs	
Queens	Goodwill Industries of NY and NJ, Inc. 25 Elm Place, 3rd Floor, Brooklyn, NY 11201 (718) 728-5400 https://goodwillnynj.org/	<ul style="list-style-type: none"> Adults
Queens	KAFSC P.O. Box 541429 Flushing, NY 11354 (718) 460-3800 https://www.kafsc.org	<ul style="list-style-type: none"> Families
Queens	SEE MORE ON PAGE 20 – Multiple Boroughs	
Staten Island	Families on the Move 358 St. Marks Place Ste. 302 Staten Island, NY 10301 (347) 682-4870 https://fotmnyc.org	<ul style="list-style-type: none"> Families
Staten Island	SEE MORE ON PAGE 20 – Multiple Boroughs	



Learn more about peer services available in your area:

Office of Mental Health, Office of Advocacy and Peer Support Contact (New York City Region)

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NYC Office of Mental Health Field Office
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New York, New York 10001-3101

WCNY-IPA Peer Networking Contact

(New York City Region)

Nicholas Lamboy
Program Manager


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Brooklyn, NY 11203

M: (347) 631-4391



nlamboy@balticstreet.org




Western New York

County:	Organization	Populations
<p>Multiple Counties</p>  <p>Allegheeny, Cattaraugus, Erie, Monroe</p>	<p>Housing Options Made Easy, Inc. dba ROME</p> <p>75 Jamestown Street Gowanda, NY 14070 (716) 532-5508 https://recoveryoptionsny.org/</p>	<ul style="list-style-type: none"> • Adults
<p>Multiple Counties</p> <p>Allegheeny, Chemung, Ontario, Schuyler, Seneca, Steuben, Tioga, Wayne, Yates</p>	<p>AspireHope</p> <p>25 West Steuben Street Bath, NY 14810 (607) 776-2164 https://www.aspirehope.org/</p>	<ul style="list-style-type: none"> • Families
<p>Multiple Counties</p> <p>Erie, Niagara</p>	<p>New Directions Youth and Family Services</p> <p>6395 Old Niagara Road Lockport, NY 14094 (716) 433-4487 https://fosteringgood.org/</p>	<ul style="list-style-type: none"> • Families
<p>Multiple Counties</p> <p>Genesee, Livingston, Orleans, Wyoming</p>	<p>Hillside Family Support</p> <p>96 West Buffalo Street Warsaw, NY 14569 Megan Henry Manager (585) 786-5906 mhenry@hillside.com</p>	<ul style="list-style-type: none"> • Families
<p>Allegheny</p>	<p>SEE MORE ABOVE, ON THIS PAGE</p>	
<p>Cattaraugus</p>	<p>Intandem Family Support Program</p> <p>1439 Buffalo St. Olean, NY 14760 (716) 375-4747 https://www.intandem.org/</p>	<ul style="list-style-type: none"> • Families



County:	Organization	Populations
Cattaraugus	SEE MORE ON PAGE 25 – Multiple Counties	
<p data-bbox="203 464 375 499">Chautauqua</p> 	<p data-bbox="597 464 1240 499">Mental Health Association in Chautauqua County</p> <p data-bbox="597 510 902 583">31 Water Street, Suite 7 Jamestown, NY 14701</p> <p data-bbox="597 594 802 625">(716) 661-9044</p> <p data-bbox="597 642 1019 674">https://www.mhachautauqua.org/</p>	<ul data-bbox="1273 453 1393 485" style="list-style-type: none"> • Adults
Chemung	SEE MORE ON PAGE 25 – Multiple Counties	
Erie	<p data-bbox="597 810 797 842">Compeer West</p> <p data-bbox="597 852 886 926">1179 Kenmore Avenue Buffalo, NY 14217</p> <p data-bbox="597 947 802 978">(716) 883-3331</p> <p data-bbox="597 999 938 1031">https://compeerbuffalo.org/</p>	<ul data-bbox="1273 800 1419 873" style="list-style-type: none"> • Adults • Children
<p data-bbox="203 1079 266 1110">Erie</p> 	<p data-bbox="597 1079 1013 1110">Mental Health PEER Connection</p> <p data-bbox="597 1121 829 1194">3108 Main Street, Buffalo, NY 14214</p> <p data-bbox="597 1205 810 1236">(716) 836-0822</p> <p data-bbox="597 1257 1227 1289">https://wnyil.org/Mental-Health-PEER-Connection</p>	<ul data-bbox="1273 1068 1393 1100" style="list-style-type: none"> • Adults
Erie	<p data-bbox="597 1337 932 1400">MHA Erie County dba MH Advocates WNY</p> <p data-bbox="597 1411 967 1484">1021 Broadway St., 5th Floor Buffalo, NY 14212</p> <p data-bbox="597 1495 802 1526">(716) 886-1242</p> <p data-bbox="597 1547 850 1579">https://mhawny.org/</p>	<ul data-bbox="1273 1327 1468 1453" style="list-style-type: none"> • Adults • Adolescents • Families



County:	Organization	Populations
<p>Erie</p> 	<p>Restoration Society Inc. 66 Englewood Avenue Buffalo, NY 14214 (716) 832-2141 https://rsiwny.org/</p>	<ul style="list-style-type: none"> • Adults
Erie	SEE MORE ON PAGE 25 – Multiple Counties	
Genesee	<p>Genesee Co MHA dba MHA of Genesee/Orleans Co 25 Liberty Street, Suite 1 Batavia, NY 14020 (585) 344-2611 https://mhago.org/</p>	<ul style="list-style-type: none"> • Adults
Genesee	SEE MORE ON PAGE 25 – Multiple Counties	
Livingston	<p>Hillside Children's Center 24 Main Street Mt. Morris, NY 14510 (585) 256-7500 https://hillside.com/</p>	<ul style="list-style-type: none"> • Adults • Adolescents • Children
Livingston	SEE MORE ON PAGE 25 – Multiple Counties	
Monroe	<p>Compeer Rochester 259 Monroe Street Rochester, NY 14607 (585) 546-8280 https://www.compeerrochester.org/</p>	<ul style="list-style-type: none"> • Families



County:	Organization	Populations
Monroe	Mental Health Association - Rochester 320 N. Goodman Street, Suite 202 Rochester NY, 14607 (585) 325-3145 https://www.mharochester.org/	<ul style="list-style-type: none"> Families
Monroe	SEE MORE ON PAGE 25 – Multiple Counties	
Ontario	SEE MORE ON PAGE 25 – Multiple Counties	
Orleans	SEE MORE ON PAGE 25 – Multiple Counties	
Schuyler	SEE MORE ON PAGE 25 – Multiple Counties	
Seneca	SEE MORE ON PAGE 25 – Multiple Counties	
Steuben	SEE MORE ON PAGE 25 – Multiple Counties	
Tioga	SEE MORE ON PAGE 25 – Multiple Counties	
Tompkins	Mental Health Association in Tompkins County 171 East State Street, Suite 275 Ithaca, NY 14850 (607) 273-9250 https://www.mhaedu.org/	<ul style="list-style-type: none"> Adults Adolescents Children Families
Wayne	SEE MORE ON PAGE 25 – Multiple Counties	
Wyoming	SEE MORE ON PAGE 25 – Multiple Counties	
Yates	SEE MORE ON PAGE 25 – Multiple Counties	



Learn more about peer services available in your area:

**Office of Mental Health, Office of
Advocacy and Peer Support Contact**

(Western Region)

Maria Cruz

Regional Family Advocacy Specialist –
Western Region

Maria.Cruz@omh.ny.gov

Western New York Office of Advocacy
and Peer Support Services
Western New York Field Office
of Mental Health

Contact OMH Central Office for updated
Information

WCNY-IPA Peer Networking Contact

(Western Region)

Maura Kelley, CPRP

Behavioral Health Peer Liaison

Western New York Independent Living
Mental Health Peer Connections

3080 Main Street

Buffalo, NY 14214

(716) 836-0822 ext. 162

mkelley@wnyil.org



For more on what is available across the state, contact:

Office of Mental Health

(Central Office)

Office of Advocacy and
Peer Support Services

44 Holland Avenue
Albany, New York 12229

T (518) 473-6579

F (518) 486-9687

<https://omh.ny.gov/>

- **Amanda Saake**
Chief Advocacy Officer overseeing the
Office of Advocacy and Peer Support
Services (OAPSS)
- **Linda Riley**
Assistant to Amanda Saake
- **Elizabeth Breier**
Deputy Director
- **Regina Shoen**
Advocacy Specialist II
- **John Stenson**
Family Affairs Specialist

**Conference of Local Mental
Hygiene Directors**

(Central Office)

41 State Street Suite 505,
Albany, NY 12207

T 518-462-9422

F 518-465-2695

<https://www.clmhd.org/>

- **Courtney David**
Executive Director
- **Elizabeth Bruce**
Director of Public Policy and Special
Projects
- **Francine Sinkoff**
Director of Communications



Appendix A: Adult Peer Support Services

Peer Support Services for Adults in MHOTRS Programs¹

Peer Support Services are an array of formal and informal activities and supports provided to individuals who are experiencing social, emotional, medical, developmental, substance use, and/or behavioral challenges in their home, and/or community. Services are delivered in a trauma informed, culturally and linguistically competent manner that recognizes diversity, equity, and inclusion.

Certified Peer Specialists model recovery and may share their own recovery experience to support clients in the client's own recovery.

Peer Support Services for adults should help foster self-determination, self-advocacy if necessary, and informed decision making. Services support the individual in their desire or lack of desire to participate in treatment, using motivational interventions, ultimately with the aim to help the individual decide for themselves if and how to participate in treatment. Peer Support Services create connections with individuals and provide one on one support while also helping individuals connect to community resources and natural supports. Peer Support is best utilized at the beginning of someone's treatment whenever possible, to provide that ongoing support throughout.

A separate Directory of Family Support Services is available through Families Together in NYS with contact information for organizations that primarily offer services to families and youth.

<https://www.ftnys.org/>



¹ NYS OMH Mental Health Outpatient Treatment and Rehabilitative Services Guidance on Youth, Family, Adult, and Older Adult Peer Support Services Effective 11/23/2022 https://omh.ny.gov/omhweb/clinic_restructuring/part599/



Adult Peer Support Service Components:

Self-Advocacy, Self-Efficacy, and Empowerment

- Coaching and modeling shared decision-making and skills that support collaboration, in addition to providing opportunities to self-advocate.
- Supporting individuals to advocate on behalf of themselves to promote shared decision-making.
- Ensuring that individuals inform all planning and decision-making.
- Modeling strengths-based interactions by accentuating the positive.
- Modeling strengths-based interventions that highlight individual strengths that can be utilized to address barriers to recovery.
- Supporting the individuals in discovering their strengths and concerns. Assist individuals to identify and set goals and short-term objectives that reflect individual preferences and encourage active participation in life.
- Supporting individuals to be empowered to express their fears, expectations, and anxieties to promote positive effective communication.
- Assisting individuals to frame questions to ask providers.
- Assisting with development of psychiatric advance directives (PAD).
- Supporting individuals to express their dreams, strengths, and assets that encourage self-direction and choice.
- Supporting individuals to be empowered to make informed decisions regarding the nature of supports for themselves through:
 - Sharing information about resources, services, and supports and exploring what might be useful for them;
 - Exploring the needs and preferences of the individual and locating relevant resources;
 - Sharing information about benefits and helping the individual access benefits, food, shelter, permanent housing, etc.;
 - Helping individuals understand eligibility rules; and
 - Assisting individuals in exploring community inclusion that encourages usage of community resources and supports.



- Supporting individuals to be empowered to utilize self-directed recovery tools (e.g., MyCHOIS, Wellness Recovery Action Planning (WRAP), etc.).
- Working collaboratively with individuals to identify things that bring passion, purpose and meaning to their life and helping the person incorporate them into their life.
- Supporting an individual to develop a social network and build relationships with others and their respective communities.
- Assisting in navigating the service system including assisting with engagement and bridging during transitions in care, connecting to “warm lines” and community self-help groups.
- Facilitating groups teaching coping skills, life skills, and health/wellness skills.

Engagement, Bridging, and Transition Support:

- Validating the individual’s experiences and feelings.
- Relating to their own recovery stories, sharing personal recovery practices, and helping the individual to discover recovery practices that will work for them.
- Providing whole health wellness coaching, including sharing personal efforts to enhance health, wellness, and recovery.
- Modeling of recovery lifestyle, including participation in recovery activities (e.g., coffee/tea at a coffee shop, attending a recovery celebration, participating in a wellness activity, etc.).
- Supporting individuals with aftercare providers upon discharge from ERs, Detox Units, Inpatient Psychiatric Units, etc.
- Serving as a bridge between Individuals and service providers, supporting a productive and respectful partnership by assisting the individuals to express their strengths, needs and goals.
- Based on the strengths and needs of the individual, connecting them with appropriate services and supports. Accompanying the individual when visiting programs if requested by the individual.
- Facilitating meetings between individuals and service providers.
- Assisting the individual to gather, organize and prepare documents needed for specific services.
- Addressing any concrete or subjective barriers that may prevent individual participation in the community of their choice.
- Promoting continuity of engagement and supports as individuals’ needs and services change.



Peer Recovery Supports and Peer Counseling:

- Providing recovery education and self-help linkage for individuals and their family members.
- Providing non-clinical treatment planning support that incorporates life areas (e.g., community connectedness, physical wellness, spirituality, employment, self-help, etc.).
- Assisting with learning and practicing independent living skills.
- Helping individuals and families self-monitor their progress.
- Modeling effective coping skills.
- Provide hope and encouragement around community inclusion.

Community Connections, Natural Supports, and Transitional Supports:

- Supporting the individuals' adjustment to home after an incarceration or institutional stay (e.g., psychiatric hospital, medical hospital, residential facility, detox, etc.).
- Assisting an individual in community living in various life roles.
- Arranging for aftercare services (appointment dates, contact information, etc.) with the individual and their significant others prior to discharge.
- Assisting individuals with inclusion and support in their own communities.
- Helping the individuals to rediscover and reconnect to natural supports already present in their lives.
- Utilizing the individuals' knowledge of their community in developing new supportive relationships.
- Helping the individuals identify and become involved in leisure and recreational activities in their community.
- Arranging support and training as needed to facilitate participation in community activities.
- Conducting groups with individuals to strengthen social skills, increase sense of social connection, provide emotional support, and create opportunities for ongoing natural support.

Pre-crisis and Crisis Support Services:

- Providing advocacy and support when an individual is in an ED or crisis unit or prior to incarceration or admission to an institutional stay (e.g., detox, residential, hospitalization, etc.).
- Providing support before or during a crisis or a relapse.
- Developing wellness, crisis diversion plans, or wellness promotion plans and helping the individual implement them.



Appendix B: Family Peer Support Services

Family Peer Support Services (FPSS) are an array of formal and informal services and supports provided to families raising a child up to age 21 who is experiencing social, emotional, developmental and/or behavioral challenges in their home, school, placement, and/or community. FPSS provide a structured, strength-based relationship between a Family Peer Advocate and the parent/family member for the benefit of the child/youth. The purpose of this service is to support the parent/family member and enhance their skills so they can promote positive youth functioning and their child's ability to live successfully in their community. FPSS are provided by a trained and credentialed Family Peer Advocate (FPA) who is uniquely qualified to work with families based on his/her personal experience parenting a child with similar needs and the specialized training they receive (see below). FPSS can be provided through individual and group face-to-face work in various settings (e.g. family's home, community, office, telephone or Skype contacts, etc).

Types of Family Peer Support Services

There are six categories of Family Peer Support Services.*

Within each category are several examples of activities specific to that category. These examples are not intended to be exhaustive.

*A family peer support provider will have the capacity to offer all six categories of services based on the individual needs and preferences of the family.

Outreach and Information

- Empower families to make informed decisions regarding the nature of supports for themselves and their child through:
 - sharing information about resources, services and supports and exploring what might be appropriate for their child and family;
 - exploring the needs and preferences of the family and locating relevant resources.
 - helping families understand eligibility rules;
 - helping families understand the assessment process and identifying their child's strengths, needs and diagnosis.



- Develop resource directories to identify relevant formal services and informal resources for families.
- Conduct general and individual outreach in the community to raise awareness, reduce stigma, and engage families in services.
- Staff a 'warm line' that families can call for information.

Engagement, Bridging and Transition Support

- Based on the strengths and needs of the youth and family, connect them with appropriate services and supports. Accompany the family when visiting programs.
- Facilitate meetings between families and service providers.
- Assist the family to gather, organize and prepare documents needed for specific services.
- Address any concrete or subjective barriers that may prevent full participation in services.
- Serve as a bridge between families and service providers, supporting a productive and respectful partnership by assisting the families to express their strengths, needs and goals.
- Support and assist families during stages of transition which may be unfamiliar (e.g.: placements, in crisis, and between service systems etc.).
- Promote continuity of engagement and supports as families' needs and services change.

Self-Advocacy, Self-Efficacy and Empowerment

- Advocate on behalf of and in collaboration with families to promote shared decision-making.
- Regularly consult with families and providers to ensure that the family's perspectives are included in all planning and decision-making.
- Coach and model shared decision-making and skills that support collaboration.
- Model strengths-based interactions by accentuating the positive.
- Support the families in discovering their strength and concerns. Assist families to identify and set goals and short term objectives.
- Prepare families for meetings and accompany them when needed.
- Empower families to express their fears, expectations and anxieties to promote positive effective communication.
- Assist families to frame questions to ask providers.
- Provide opportunities for families to connect to and support one another.
- Support and encourage family participation in community, regional, state, national activities to develop their leadership skills and expand their circles of support.



Community Connections and Natural Supports

- Provide leadership opportunities for families who are receiving Family Peer Support Services
- Enhance the quality of life by integration and supports for families in their own communities.
- Help the family to rediscover and reconnect to natural supports already present in their lives.
- Utilize the families' knowledge of their community in developing new supportive relationships.
- Help the family identify and get involved in leisure and recreational activities in their community.
- In partnership with community leaders, encourage families who express an interest to get more involved in faith or cultural organizations.
- Arrange support and training as needed to facilitate participation in community activities.
- Conduct groups with families to strengthen social skills, decrease isolation, and provide emotional support.

Parent Skill Development

- Supports the efforts of families in caring for and strengthening their children's mental, and physical health, development and well-being of their children.
- Helps the family learn and practice strategies to support their child's positive behavior.
- Assist the family to implement strategies recommended by clinicians (e.g. medication management, behavior support, crisis plan) and talk to clinicians about their comfort with these plans.
- Provide emotional support for the family on their parenting journey to reduce isolation, feelings of stigma, blame and hopelessness.
- Link to and provide workshops and courses on parenting that are matched to families' individual needs.
- Advocate whose child is coming out of placement by equipping the family with skills, knowledge, and resources to support the child at home, ensuring the greatest likelihood of success.
- Assist families to access transportation



Promoting Effective Family-Driven Practice

- Participate on teams that manage access to care, evaluate and work to improve quality of care.
- Conduct training for service providers on topics including, strategies for partnering with families, engagement, family-centered care, and family-driven decision-making.
- Attend and/or facilitate meetings to promote family voice and infuse a family perspective at all levels: individual provider, agency, local planning, state and national policy making.

Family Peer Support Services Provider Qualifications

Family Peer Support is delivered by a New York State Credentialed Family Peer Advocates (FPA). To be eligible for the FPA Credential, the applicant must:

- Demonstrate 'lived experience' as the parent or primary caregiver who has navigated multiple child serving systems on behalf of their child(ren) with social, emotional, developmental, health and/or behavioral healthcare needs.
- Have a high school diploma or GED (or document comparable skills).
- Complete the Parent Empowerment Program (PEP) training 40 hours plus 12 one-hour each of group consultation calls
- Submit three letters of reference attesting to proficiency in and suitability for the role of Family Peer Advocate.
- Complete a Professional Development Plan.
- Document 1000 hours of experience providing Family Peer Support services.
- Agree to practice according to the Family Peer Advocate Code of Ethics.
- Complete 20 hours of continuing education and renew their FPA credential every three years.
- The Family Peer Advocate Credential is administered by Families Together in New York State.
<http://www.ftnys.org/>



Definitions

Advocacy

The spirit of this advocacy work is one that promotes effective parent-professional-system partnerships. Advocacy in this role does not include legal consultation or representation. It is defined as constructive, collaborative work with and on behalf of families to assist them to obtain needed services and supports to promote positive outcomes.

Parent/Family

Family is defined as the primary care-giving unit and is inclusive of the wide diversity of primary care-giving units in our culture. Family is a biological, adoptive or self-created unit of people residing together, consisting of adult(s) and/or child(ren), with adult(s) performing duties of parenthood/caregiving for the child(ren). Persons within this unit share bonds, culture, practices and a significant relationship. Biological parents, siblings and others with significant attachment to the individual living outside the home are included in the definition of family. For the purposes of this service, "family" is defined as the persons who live with, or provide care to a child and may include a parent, spouse, sibling, children, relatives, grandparents, guardians, foster parents or others with significant attachment to the individual.

Service Provider

Refers to individuals/organizations that provide formal services to the youth and family from allchild/family serving systems (mental health, juvenile justice, child welfare, substance abuse treatment, education, health, etc.).

Natural Supports

Natural supports are individuals and resources a family can access "naturally," independent from formal services. These supports are a significant source of culturally relevant emotional support and caring friendships for children and families. Natural supports can be short-term or long-term and are usually sustainable and available to the child and family after formal services have ended.

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