





# **Adult Peer Support Specialists**

Broadcast July 10, 2023

### Presenter Bios



#### Lynnae Brown

Peer Training Consultant and Empowerment Coach

Lynnae Brown formerly served as Director of Howie The Harp Advocacy Center (HTH) – a peer run program dedicated to employment preparation for people in mental health recovery. For over a decade, Lynnae supported the development of the Center and its peer training program by incorporating the experience and feedback from working peers, the people they

support as well as peer employers and supervisors.

Lynnae now serves as a peer training consultant and empowerment coach. For more information about her work: <a href="https://www.lynnaebrown.com">www.lynnaebrown.com</a>.



#### Matthew McDonald, NYCPS, CRPA

Program Associate, Rutgers University, Academy of Peer Services and PeerTAC

Matthew McDonald is a New York Certified Peer Specialist (NYCPS) and a Certified Recovery Peer Advocate (CRPA). Navigating a decade-long path toward recovery himself, Matthew's lived experience provides him with necessary and profound insights into myriad systems of care, as they exist in New York State. He previously worked as a Certification

Coordinator for the New York Peer Specialist Certification Board (NYPSCB), interacting with hundreds of Certified and prospective Peer Specialists across New York.





#### Micaela Corazón

Outreach Center coordinator at the Mental Health Association in Tompkins County (MHATC).

Micaela coordinates a Center with space for a number of programs and services including social activities and events, social drop-in hours, walk-in peer counseling for non-crisis situations and community education and training. Prior to this work, she ran the Suicide Prevention & Crisis Services Crisisline in Tompkins County for over 15 years where she recruited,

trained and supervised peer crisis phone counselors.

When she lived in San Francisco, she worked as a peer crisis counselor and advocate on the AIDS Ward in San Francisco General Hospital where she was part of an interdisciplinary team of physicians, nurses, social workers and peers counselors. She also trained and supervised emotional and practical support volunteers working with people living with HIV. For an article written about Micaela's work visit: <a href="https://thesophiefund.org/">https://thesophiefund.org/</a>



#### Yvette Patricia Pate, CPS, CPSS, CPRP, MS

NAPS Program Director for the Peer Workforce Advancement and Mentoring Network for New York State

Yvette is a Certified Peer Specialist (CPS) Certified Peer Specialist Supervisor, Certified Psychiatric Rehabilitation Practitioner (CPRP), and has a master's degree in human services. She has provided direct peer support, managed and supervised peer teams, she has trained others to become certified peer specialists and most recently was the director of services for 7 peer oriented mental health and substance abuse recovery oriented programs; including mobile peer programs,

recovery learning centers (which included a harm reduction component) a rapid rehousing housing program and a community residential rehabilitation facility.

As a result of her personal recovery, she has continuously dedicated the past 25 years of her life to empowering people to explore their career pathways as a result of their journey of recovery and wellness. She has served various diverse populations including women and children with substance abuse issues, and most recently adults impacted by the co-occurring challenges of substance abuse and mental health challenges, as well as people living with intellectual differences. Yvette brings a strong sense of commitment and dedication to all of her endeavors.



## **Presenter Contacts**

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Lynnae Brown - lynnae@lynnaebrown.com
Yvette Pate - yvette.pate@peersupportworks.org

### Resources

Academy of Peer Services (APS), Online Training, Testing, and Tracking Platform for Adult Peer Support Specialists in New York State. <a href="https://www.academyofpeerservices.org/">https://www.academyofpeerservices.org/</a> Course catalog, which is available on the home page, contains core courses toward certification and continuing education courses on many aspects of Peer Support Services. <a href="Course Catalog">Course Catalog</a>

APS Virtual Learning Community, Bridging the Online Learning in the Academy of Peer Services with real world opportunities for practice and professional development. <a href="https://aps-community.org/">https://aps-community.org/</a>

Cronise, R., Edwards, J.P., Enders, G. & Forbes, J. (2023). What it Takes: Wisdom from Peer Support Specialists and Supervisors. National Association of Peer Supporters. [Book] Available on Amazon.

New York State Office of Mental Health (November 23, 2022). Peer Support Services Guidance: Outpatient Treatment and Rehabilitative Services Guidance on Youth, Family, Adult, and Older Adult Peer Support Services <a href="https://omh.ny.gov/omhweb/clinic\_restructuring/part599">https://omh.ny.gov/omhweb/clinic\_restructuring/part599</a>

National Association for Peer Supporters (N.A.P.S.) (2019). National Practice Guidelines for Peer Specialists and Supervisors. <a href="https://www.peersupportworks.org/resources/national-practice-guidelines/">https://www.peersupportworks.org/resources/national-practice-guidelines/</a>



# More on Adult Peer Specialist Certification

New York Peer Specialist Certification Board (NYCPS certification)

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Phone: (518) 426-0945

Email: <a href="mailto:info@nypeerspecialist.org">info@nypeerspecialist.org</a>
Website: <a href="mailto:www.nypeerspecialist.org">www.nypeerspecialist.org</a>

## PeerTAC Contacts

Website: <a href="https://peertac.org">https://peertac.org</a>

Reach us by Email: info@peertac.org

Join our Listserv: <a href="https://confirmsubscription.com/h/y/CFD10914D119AAF1">https://confirmsubscription.com/h/y/CFD10914D119AAF1</a>

Frequently Asked Questions: https://peertac.org